

**ANSWERS TO  
"FAMILY PREPAREDNESS FUN"**

1. Skip 1 turn
2. Warning
3. C or D
4. B
5. 3 days
6. 3 to 4 months
7. Home storage  
Spiritual strength  
Health  
Finances  
Employment  
Education
8. 300 or 400 lbs.  
BONUS: 65%
9. 75 lbs.  
BONUS: when more grains are stored  
and used
10. 1/3 tank
11. Blessing
12. Blessing
13. Blessing
14. Blessing
15. Away from home
16. Filtration; chemical; boiling; solar  
pasteurization; distillation
17. Battery powered flashlight; candles;  
oil lamp; battery lantern; kerosene  
lantern; light stick; hand crank  
flashlight; solar light; solar lantern; solar  
flashlight; oil lantern; propane lantern;  
candle lantern; gas lantern; paraffin  
lamp; kerosene lamp
18. Charcoal or gas grill; fireplace;  
canned heat stove; gas stove; tin can  
stove; hibachi; butane stove; camp stove;  
lantern cooker; Dutch oven with  
charcoal; rocket stove; tea light oven;  
wood fired pizza oven; patio fire pit;  
solar oven
19. Fireplace; propane or kerosene  
indoor heaters; hand warmers; wood  
burning stove; extra clothes and  
blankets; passive solar heating
20. 1-Refrigerator, 2-refrigerator freezer,  
3-free-standing freezer
21. True
22. Blessing
23. Noah; Joseph of Egypt
24. Nephi's people in Helaman chapter  
11; Nephites at war with the Gadianton  
robbers in 3 Nephi chapter 4.
25. spiritual; temporal
26. a way of life
27. food; clothing; fuel; year; 1937
28. boarding; ark; Noah

29. own; household; denied; infidel

30. prepared; fear

31. deliver; make use; provided

32. Shipping strikes

Natural disasters

Recession

Depression

Crop failure

Drought

Unemployment

Disability

Emergency expenses

Death of breadwinner

War

Terrorism

Quarantine

Pandemic

Crop destruction

33. True

34. Wheat; rice; oats; barley; rye;  
buckwheat; millet; amaranth; teff;  
quinoa; corn; Job's tears; milo  
(sorghum); spelt; triticale; kamut;  
einkorn; emmer; farro; freekeh; kaniwa

35. Kidney; great northern; small white;  
pinto; lima; pink; black; navy; lentils;  
whole and split peas; soybeans; adzuki;  
Anasazi; blackeye peas and other field  
peas; red; Roman; garbanzo (chickpeas);  
fava; pigeon

36. Emergency drills; utility shut off; put  
together emergency kits; rotate  
emergency supplies; basic sewing; basic  
cooking; use of tools; basic home  
repairs; financial management; exercise;  
gardening; directing music; etiquette;  
canning; playing this game; any activity  
you think qualifies

37. Long shelf life; least expensive; most  
nutrition for the volume; provide all  
nutrients including some Vit A and Vit  
C; basis of a healthy disease prevention  
diet; they are versatile foods

38. Life sustaining foods that store well -  
grains, legumes, fats, sugars, salt, milk

39. Foods beyond basic storage -  
emergency foods, 3-month supply,  
anything else

40. False

41. Cool, dry, dark, airtight

42. The point at which food quality  
begins to deteriorate

43. To know how long they have been  
stored

44. True

45. When fruits and vegetables are not  
stored or grown in sufficient amounts

46. No

BONUS: It is equal to about 3 pounds of  
cooked or canned.

47. Tomatoes; spinach; greens; yams;  
carrots; apricots; pumpkin; mixed  
vegetables; peas; squash; peaches; sweet  
potatoes; oranges; corn; peppers  
BONUS: They are good sources of Vit A  
and Vit C.

48. store; store; eat

49. budget; income tax return; bonuses;  
Christmas; garden; trim food budget;  
stock up on sales; cut recreation by 50%;  
forgo a vacation; cut clothing budget

down; sell luxury possessions; buy in bulk

50. False

51. B

52. A

53. Fades color; destroys vitamins; speeds rancidity

54. False

55. Being airtight

56. Wait for the dry ice to completely sublime before sealing the lid down  
Bonus: the lid will blow off.

57. Pressure canning

58. Water bath canning

59. Sprout to see if at least 50% will sprout; bake bread out of the flour to see if acceptable bread can be made.

60. False

61. True

62. Honey has 65 calories per tablespoon while sugar has 45 calories per tablespoon

63. True.

BONUS: Honey that will crystallize will not support growth of spoilage organisms and helps prevent fermentation.

64. True

65. False

66. True

67. 14 gallons

68. True

69. True

70. B

71. June; November

72. Before

73. False

74. False

75. A

76. Kerosene; propane; canned heat; oil; butane; wood; newspaper logs

77. White gas

78. True

79. False

80. B

81. Lord, Lord; not

82. B

83. C

84. Against an inside wall; under or next to a heavy piece of furniture; next to a pillar or support column

85. It should be buried 1-2 feet deep.

86. Blessing

87. Under beds, in closets, in cabinets, behind furniture, as part of furniture
88. True
89. Saves time; saves money; provides a healthy diet; provides more freedom; allows us to serve better; helps us be more God-like
90. False
91. False
92. Emergency; 3-month; long-term or basic; expanded
93. Freeze; heat; dry ice; oxygen absorbers
94. False
95. Dry heat processing; PETE bottles with oxygen absorbers; plastic buckets
96. #10 can with absorber; mylar pouch with absorber; canning jar with absorber; PETE bottle with absorber; plastic bucket with dry ice; plastic bucket with mylar bag and absorbers
97. Dry heat processing
98. No
99. Relatively cool in the dark
100. Liquids  
BONUS: the bottle will have the right kind of lid
101. Yes
102. False
103. True
104. True  
BONUS: 21 months or almost 2 years
105. Yes  
BONUS: When packaged for long-term storage
106. normal; daily
107. 82 weeks or 19 months
108. False
109. False
110. False
111. Rice, corn, amaranth, quinoa, buckwheat, kaniwa, sorghum (milo), millet, teff, sometimes oats
112. No
113. True
114. False
115. False
116. Expensive; should be used quickly once opened; expensive to make at home  
BONUS: long shelf life; lightweight; big variety; rehydrates quickly; looks and taste like fresh when rehydrated; quick and easy to prepare
117. False
118. True
119. True

120. True
121. Texting
122. 5, 10, 15, 20
123. False
124. True
125. Over 65; diabetics; heart patients; respiratory patients; those with high blood pressure; the obese; the disabled; infants and small children; outdoor workers; substance addicts; city dwellers
126. Drop, cover, and hold on
127. A strong or long earthquake; sudden rise or fall of the ocean; loud roar from the ocean
128. True
129. Water filled trash bags; sandbags
130. No
131. No
132. False
133. False
134. True
135. False
136. False
137. Stored water; bottled juice; canned foods; water heater; toilet tank; water pipes; natural bodies of water; snow and ice; rainwater
138. Boil any water used for drinking, cooking, or brushing teeth.
139. Wash clothes less; reuse towels; wash full loads; repair leaky faucets
140. 30-gallon drum; 55-gallon drum; farm water tanks; 160-gallon tank; waterBOB; waterbed
141. True
142. False
143. Distillation
144. When water treatment plants are not working
145. Canned heat stove; portable butane stove; woodburning fireplace; wood burning stove
146. Solar oven; Norwegian stove; Wonder oven; haybox; propane slow cooker; thermal cooker
147. 4 hours
148. True
149. Global outbreak of a disease
150. Store food, water, and medications; have savings; prepare to work from home; prepare to have children home from school
151. Passover – Exodus 12
152. False
153. Needs
154. To care for and help each other

155. False

156. True

157. True!

158. True

159. Blessing

160. Blessing

161. Hot water lines will freeze faster  
than cold water lines  
BONUS: There is less air in hot water

162. When outside temperatures will be  
below 28°F for 3 hours or more

163. Every 2 to 3 hours

164. False

165. The first 15 minutes, the first 48  
hours, and the first 2 weeks

166. 15 minutes

167. 48 hours

168. Two weeks or more  
BONUS: Radioactive fallout will no  
longer be a hazard after about 2 weeks