

PREPARING FOR A PANDEMIC

Goal	Plan	Done
<ul style="list-style-type: none"> • Store 3 months of food for each person in your household. 		
<ul style="list-style-type: none"> • Store medications for pain, fever, diarrhea, vomiting, and respiratory infections as well as medical supplies. 		
<ul style="list-style-type: none"> • Learn how to use the medications and supplies. 		
<ul style="list-style-type: none"> • Keep extra prescription medications stored. 		
<ul style="list-style-type: none"> • Store at least 2 weeks (14 gallons) of water for each person in case water supplies are disrupted. 		
<ul style="list-style-type: none"> • Store fuel for alternate cooking, heating, and light sources in case utilities are disrupted. 		
<ul style="list-style-type: none"> • Have more than one way to communicate with others outside your household. 		

Goal	Plan	Done
<ul style="list-style-type: none"> • Prepare to have children home from school for an extended period. 		
<ul style="list-style-type: none"> • Prepare to work from home. 		
<ul style="list-style-type: none"> • Keep some cash at home. 		
<ul style="list-style-type: none"> • Have savings in the bank in case you are unable to work. 		
<ul style="list-style-type: none"> • Buy life insurance. 		
<ul style="list-style-type: none"> • Find out if there is a pandemic plan for your community. 		
<ul style="list-style-type: none"> • Help your family, friends, and neighbors get prepared. 		
<ul style="list-style-type: none"> • Get involved in community volunteer groups such as CERT (Community Emergency Response Teams). 		